





We are a non-profit organization on a mission to advance treatment, education, advocacy and research on behalf of people with mental health or addiction challenges, their families and the communities we serve.

Join us.

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rogersbhfoundation.org
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# **Support Our Mission**

Give for a better day

### The Challenge

No family is immune. No community is untouched. Mental health and addiction challenges affect one out of every five people, yet only a third will seek treatment.



Whether you know it or not, someone you know is struggling.
Perhaps it's your co-worker, or the server at lunch, or your

Barriers such as shame and stigma, access to quality care, limited resources and insurance coverage, and lack of evidence-based research stop mental health and wellness in their tracks. Have you ever heard someone say:

neighbor. Maybe it's a loved one, or possibly it's you.

"I'm so ashamed. Nobody can know."

"There is no one where we live who can treat my son's disorder"

"My insurance company denied coverage the day I arrived for treatment. I can't afford it on my own. What am I going to do?"

"There is still so much that is unknown about my disorder. I wish there were more answers."

Rogers Behavioral Health Foundation helps individuals and families overcome these barriers. Together, we can make days filled with strength, hope, and joy.

#### What We Do

Rogers Foundation connects passionate individuals and grateful families with meaningful ways to give back to Rogers and make an impact on the future of mental health. The funds we raise are used to provide hope. To renew self-worth. To live in peace again.

Your support will help provide the following life-saving initiatives:

- Fund *research studies* that will expand knowledge and impact recovery.
- Increase access to Rogers' programs through patient care grants.
- Provide for a patient's personal needs to ease stress and aid recovery.
- Enhance treatment by acquiring advanced medical equipment.



- Sustain *spiritual care* as a part of the recovery process.
- Assist with capital projects to increase access to care and improve the patient experience.
- Reduce the stigma of mental health challenges.

Find out more at rogersbhfoundation.org.



## How You Can Help

You have the power to save lives. By supporting Rogers, you are conveying the message that treatment for mental health challenges and addiction works. By donating time and resources, you are giving someone a priceless gift: the gift of a better day.

- Donate a one-time or monthly gift.
- Establish an endowed fund or include Rogers in your will.
- *Organize* your own awareness and fundraising event.
- **Reduce stigma** by speaking up in support of recovery.
- Tell your story and inspire others.